

SEPTEMBER 2021



RECYCLING MATTERS

FOR A WASTE-FREE COLLAR CITY



Pictured: picnic table with gingham cloth and assorted produce.

WHAT'S INSIDE OUR NEWSLETTER:

**KEEP YOUR COOKOUT
CLEAN AND GREEN**

DOWNLOAD OUR APP!

**UPCOMING EVENTS
SCHEDULE**

COMMUNITY NEWS

MYOD - Make Your Own Drinks

Showing off your cocktail-making skills at a Labor Day gathering is a great way to impress guests while also reducing waste. Buying single-serving drinks like beers, hard seltzers and juice boxes adds more to the waste stream, even though most are recyclable. Search for your favorite drink recipes online to make yourself; it'll save you money, and prevent more items getting sent to the landfill!

Packing for Picnics - the right way

Pack for outdoor picnics using reusable forks, knives and spoons; lightweight reusable plates; and cloth napkins. You can also pack food in reusable containers instead of using disposable trays or sandwich bags. If you must use disposable products, disposable trays can be cleaned and recycled in your recycling bin. Sandwich bags can be cleaned and recycled as film plastics at your local grocery store.

To learn more about where your other disposable picnic supplies can be sorted, visit our website's Waste Wizard at www.troyny.gov/recycling. Enter the item or product in the search bar, and the Wizard will show you the way!

Keep your Cookout Clean (and green)

Happy September, and happy (almost) Labor Day! Whether you plan on swimming, sitting around a campfire, heading to a recreation area, or hosting a cookout at home, there are plenty of ways to reduce waste at your cookouts and other gatherings.

In this newsletter, we cover how some simple swaps can make for a more eco-friendly Labor Day.

VISIT OUR WEBSITE OR FOLLOW US ON FACEBOOK

Download our App + Follow us on Facebook!

TO ALL TROY RESIDENTS WITH MUNICIPAL COLLECTION SERVICES: we have an app! Search 'CleanupTroy' in the app store to download it for your iOS or Android device.



*Pictured: logo for CleanupTroy app;
Uncle Sam's hat
with recycling symbol
and the TROY, NY logo.*

Features:

- Enter your address to view your collection calendar
- Sign-up for notifications so you can be the first to know if there are delays or changes to your collection schedule
- Look up items and/or products in our Waste Wizard to see if they should go in the recycling, donation bin, trash or somewhere else
- Use the sorting game with kids so they can practice sorting items into recycling, compost, bulk pickup and trash
- Looking for resources on all things reuse and recycling? Check out our 'resources' tab for more information



Pictured: TROY, NY logo on brick wall background.

Have you seen our new page yet? Follow us on Facebook to stay in the Reduce, Reuse, Recycling loop! We'll cover our newsletter topics in more depth each month.

Our handle is @CleanupTroy. Help spread the word by sharing our page, or our posts!

Upcoming Events

COMMUNITY-BASED SUSTAINABLE EVENTS

FOOD SCRAP DROP-OFF

AT TROY WATERFRONT FARMER'S MARKET

WEEKLY ON SATURDAYS, 10 AM TO 2 PM

'MAKE IT UP STATE' MARKETPLACE

WEEKLY ON SUNDAYS, 9 AM TO 2 PM

VEG OUT - MONUMENT SQUARE - [MORE INFO HERE](#)

SEPTEMBER 19, 11 AM TO 3 PM

VISIT OUR WEBSITE OR FOLLOW US ON FACEBOOK

Community News

Sunhee's Farm and Kitchen

Located on Ferry Street in Downtown Troy, Sunhee's Farm and Kitchen makes sure their leftover food scraps have a destiny other than the landfill.



Pictured: Front door to Sunhee's Farm and Kitchen.

Sunhee's Farm and Kitchen brings their leftover food scraps from the restaurant to restaurant owner, Jinah Kim's parents' farm, located in Cambridge, New York. The scraps are used in two ways: making compost for their gardens, or feeding the animals on the property. The cycle continues as vegetables are used in the restaurant's kitchen, which, if any are left over after a meal, are once again brought back to the farm as food scraps.

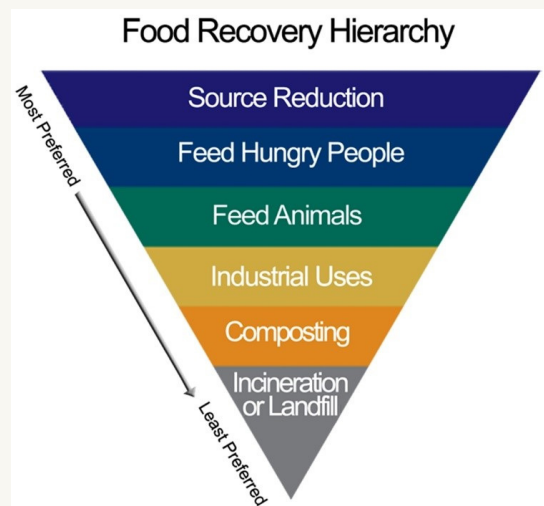
Their **circular economy**, as described above, prevents food from taking up space in the landfill, and puts it to other uses.

Sunhee's also practices other sustainable efforts within the restaurant.

Dine-in customers have the option to use wooden chopsticks, or reusable silverware. For take-out, customers are given food in paper compostable containers.

When finished with a meal, there are bins next to the trash bin where diners place food scraps; silverware and plates; and items which must be sent to the landfill.

The USDA estimates we lose 30-40% of our food supply to transporting, processing, or over-ordering. One way to put leftover food, or food scraps, to good use is placing them in a compost bin. If you don't have the space for a compost bin, or won't use the compost when it's ready, bring your food scraps to the Troy Farmer's Market on Saturdays, 9 to 2 PM.



Pictured: EPA's Food Recovery Hierarchy diagram.

We'd like to feature local Troy businesses and organizations doing great things in the eco-friendly, sustainable, or waste-free worlds. If you know a business or organization you'd like featured, please contact newsletter author and Recycling Specialist, Naomi Pitkin, via email at Naomi.Pitkin@troyny.gov or phone at (518) 279-7313. We look forward to hearing from you!

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